

What is Skillstreaming?

Skillstreaming is a technique for teaching interpersonal, aggression management and other prosocial skills to children.

Specifically, Skillstreaming teaches children:

- ⊗ How to enhance their relationships with others;
- ⊗ How to appropriately handle situations that cause stress and unhappiness; and,
- ⊗ How to solve problems in their daily lives.

Strategies

Strategies used to teach Prosocial Skills include the following:

- ⊗ Modeling
- ⊗ Role Playing
- ⊗ Providing feedback
- ⊗ Transferring skills to real life situations



Parent Involvement

Parent involvement can and should be an integral part of Skillstreaming. Parents who are involved can better support their children's use of the skills learned.

Ways Parents Can Get Involved

- ⊗ Advocating for academic and social success
- ⊗ Engaging in interactive homework
- ⊗ Practicing social skills
- ⊗ Playing enrichment games
- ⊗ Volunteering at a community school

Parents and Educators: Teaching Prosocial Skills to Children